

Women's History Month Team Member Spotlight: Maria Sessions

During Women's History Month, Zimmer Biomet News is profiling several team members who are making ZB a Best and Preferred Place to Work.

Celebrating the Women and Men Who Have Helped Women Excel: Maria Sessions

As a mother of two girls, Maria Sessions, Compliance Associate Director in Miami, Fla., finds it extremely important to celebrate Women History Month.

"It is an opportunity to highlight the accomplishments of women, to celebrate how far we have come and to acknowledge we still have work to do to improve the representation of women in the higher ranks of business, government and nonprofits," Maria said. "It is extremely important to me to improve opportunities for women. I want my girls to honor the courageous women who have paved the way for so many, and also recognize the men that have supported their efforts."

Privileged to work for ethical companies committed to patient care

Having worked in pharma and medical device most of her career, Maria loves being in the healthcare field and feels privileged to have worked for ethical companies.

"I find it rewarding to be in a role where I partner with the

business teams to ensure we all follow our policies and high ethical standards as we deliver on the business plan for the region," said Maria.

She has been with ZB for six years, and particularly enjoys that ZB endeavors to empower every voice.

Leading the way with WIN, Juntos and ALPFA

Maria participates in the ZB Women-Inspired Network (WIN) at ZB, and is a founder and leader of the Juntos employee resource group (ERG). ("Juntos" means "together" in Spanish.)

"I want team members at ZB to learn more about Latinos and our culture," Maria explained. "This awareness will open us up to work better together no matter what background we come from. The purpose of Juntos is to grow a network of people, programs and tools to facilitate the hiring, retention and professional development of Latino/Hispanic employees. Like all the ERGs, we work in collaboration to achieve a diverse and inclusive workplace."

She also is on the Corporate Advisory Board of the Association of Latino Professionals for America (ALPFA).

When not working or helping with these groups, Maria spends most of her time with her daughters, but also practices Krav Maga (a self-defense system derived from boxing, wrestling, aikido, judo and karate) and runs, bikes and swims. A favorite weekend activity is cooking with her girls.

Maria is motivated to make a difference in her everyday work and hopes she is helping create the kind of world her daughters will enjoy living in. In her teen years, a wise person told her, "Nobody is going to do what you have to do."

"This was my call to purpose," said Maria. "We can't wait for someone else to fix something we can fix or make right."